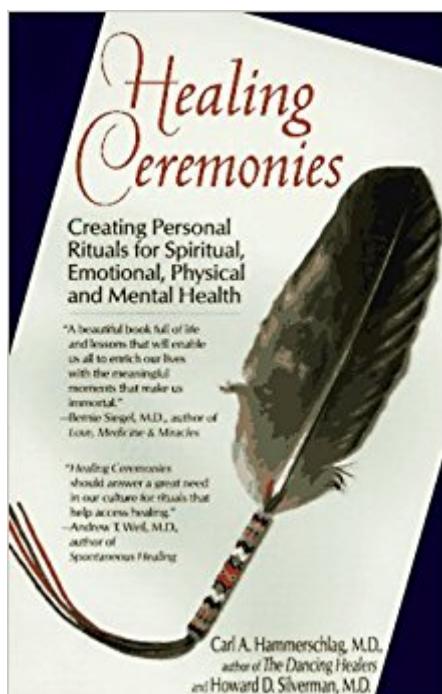


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# Healing Ceremonies: Creating Personal Rituals For Spiritual, Emotional, Physical & Mental Health



## **Synopsis**

Two leaders in the mind-body health field share stories of people who have confronted health problems with powerful ceremonies and offer readers step-by-step guidelines for building their own healing rituals. Original."

## **Book Information**

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## **Customer Reviews**

A classic!

One thing we lack in our modern society is the importance of ritual in our life. This book speaks to all the important milestones that we go through that used to be a considered important and helps to bring back ideas for using ritual in our life.

nice resource, on time!

I have the great fortune to live in the same community as Drs. Hammerschlag and Silverman, so I heard them talk about this book at a recent signing. I have always believed in the power of the human spirit in health, and the power of prayer in healing. How encouraging to find two credentialed medical doctors who embrace the whole person in the healing process. These two men have great hearts, and provide the type of compassionate care I wish everyone could find from their physician, especially those facing frightening, life threatening situations. This book contains stories and

suggestions for how you can incorporate your whole being into healing not only your body, but your heart and mind and spirit, too. These don't just apply to people having medical emergencies. I encourage everyone who believes that physical health is influenced by emotions and thoughts to read this delightfully encouraging book.

love it.

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